

6 - W E E K P R O G R A M M E

THE NEXT CHAPTER TRANSFORMATION

With Melanie & Mifa

www.single-to-couple.com

THE PROGRAMME

A premium 6-week programme for successful men aged 50+

Whether you're coming out of a marriage, a long-term relationship or returning to dating after many years, The Next Chapter Transformation gives you a practical strategy to build the life and relationship you want.

Combining science-based relationship and dating coaching with professional styling, we'll help you present the very best version of yourself and approach modern dating with greater clarity and purpose.

MEET THE EXPERTS



MILA SMITH

CERTIFIED RELATIONSHIP & DATING
CONSULTANT

Mila uses science-based methods to help men navigate major life transitions, make more informed relationship decisions and build happy, healthy partnerships.



MELANIE POTRO

PROFESSIONAL STYLIST & PERSONAL BRAND
CONSULTANT

Melanie helps clients look as confident as they feel. Through expert styling, wardrobe planning and personal shopping, she creates an authentic image that reflects who you are today and supports the next stage of your life.

How it works

WEEK 0 | COMPLIMENTARY DISCOVERY

CALL WITH MILA & MELANIE | 30 MINUTES

A joint consultation to discuss your goals, answer your questions and ensure the programme is the right fit for you.

WEEK 1 | LEAVE THE PAST IN THE PAST

MILA | 60 MINUTES

Understand your relationship patterns, let go of any emotional baggage and build a stronger foundation for future relationships.

Outcome: Greater confidence, clarity and optimism about the future.

WEEK 2 | REFRESH YOUR IMAGE

MELANIE | 60 MINUTES

Identify the image you want to project and create a personal style roadmap tailored to your lifestyle and goals.

Outcome: A clear vision for a modern, authentic personal style.

WEEK 3 | DEFINE YOUR NEXT CHAPTER

MILA | 60 MINUTES

Clarify your life values, relationship goals and the qualities that matter most in a long-term partner, according to research.

Outcome: A clear understanding of whom you're looking for and why.



WEEK 4 | BUILD YOUR SIGNATURE STYLE

MELANIE | 60 MINUTES

Review your wardrobe, refine your personal style and create versatile outfits that work for your lifestyle and dating goals.

Outcome: An updated image that reflects the man you are today.

WEEK 5 | YOUR DATING STRATEGY

MILA | 60 MINUTES

Learn what works in modern dating, understand the psychology of attraction and create a personalised strategy for meeting compatible women.

Outcome: A personalised plan for dating with greater confidence and ease.

WEEK 6 | CURATED ONLINE SHOPPING

MELANIE | 60 MINUTES

Complete your wardrobe with carefully selected pieces that suit your style, lifestyle and relationship goals.

Outcome: New outfits that make first impressions effortless.



OPTIONAL UPGRADES

- London Personal Shopping Experience (£499)
- Professional Dating Photoshoot (price on request)

Please inquire for details

THE INVESTMENT

6 - WEEK PROGRAMME

- Six private coaching and styling sessions
- Personalised strategies and practical handouts
- Individual support from both a Relationship Coach and Professional Stylist

TOTAL INVESTMENT: £995

YOUR NEXT STEP

Ready to start your best chapter yet?

Book your complimentary discovery call today

SCHEDULE A CALL

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🌐 www.single-to-couple.com

📍 London, UK

